

Redmond Saturday Seminar Series sponsored by Changes Parent Support Network

Everything You Need To Know About Video Game Addiction

Dr. Hilarie Cash will discuss why popular video games can be highly addictive, and how excessive gaming can have a negative impact on child development. She'll also give you ideas about how to prevent problems from occurring and what to do if a problem has already developed. There will be a Question and Answer session, along with an opportunity to share your own stories. Dr. Cash is a mental health counselor and author, specializing in internet and video game addiction. She is co-author of *Video Games and Your Kids: How Parents Stay in Control*.



Saturday, January 17, 2009

10 AM - noon

at the

Old Redmond Schoolhouse Community Center (ORSCC)

16600 NE 80th St., Redmond, WA 98052

There is no charge for this seminar. Parents and professionals are welcome.

For more information about this seminar call Virginia at (425) 881-6738



PARENT SUPPORT NETWORK

Changes Parent Support Network fosters healthy families by equipping parents with tools and support to change their behavior. For more information about Changes call 1-888-468-2620.