

Tuesday, June 7th from 10 AM to noon

Location: LWSD Resource Center Board Room (16250 NE 74th St., Redmond)

Sibling Relationships: Building Lifetime Connections

Presenter: Laura Doerflinger

Sibling relationships can enhance or inhibit your child's experience. Parents serve important mentoring roles teaching children effective negotiation and communication skills which are key to their sibling relationships as well as peer relationships. This class will teach parents about the factors affecting sibling relationships and focus on what parents can do to build the foundation for strong lifelong relationships. Topics will include:

- Sibling roles and birth order
- Sibling rivalry (Resolving conflict; when & how to intervene; & team building)
- Ages and stages
- Long-term impact of youth sibling relationships
- The importance of establishing fair & reasonable home environments

Laura Doerflinger, MS, a licensed mental health counselor, is the Executive Director of the Parent Education Group in Kirkland. She has been working with families for 18 years & has a great deal of experience working with students in the Lake Washington School district. Laura has two children ages 14 & 16. She understands the importance of establishing communication strategies within families. She is a wealth of information on how to access services appropriate to individual family needs. For more information about her work, go to

<http://www.familyauthority.com/>

Recommended for Parents of All Students

This **FREE** program is sponsored by the Lake Washington PTSA Council

No registration required

Limited parking is available behind the building and on the street. Additional parking is available in the parking garage across from the Marriot. Park in the garage marked P3 on the map at

<http://www.redmondtowncenter.com/Map/>

Questions? Contact Joanne Hall, Chair, Parent Education at lwsdparented@gmail.com