

Tuesday, May 10th from 10 AM – 11:30 AM

Location: Washington Cathedral in Redmond

12300 Woodinville Redmond Road, Redmond, WA 98052

Redefining Youth Success in an Increasingly Hectic & Competitive Society



DENISE POPE, PHD

**A Nationally Recognized Speaker,
Senior Lecturer at the Stanford University School of Education & Co-
Founder, Challenge Success**

Dr. Pope is particularly interested in student voices, the students' perspectives of school & academic stress and its consequences for students' mental, physical, and spiritual well-being. She is the author of the book, *"Doing School": How We Are Creating a Generation of Stressed Out, Materialistic, and Miseducated Students*. She was featured in the documentary, "Race to Nowhere".

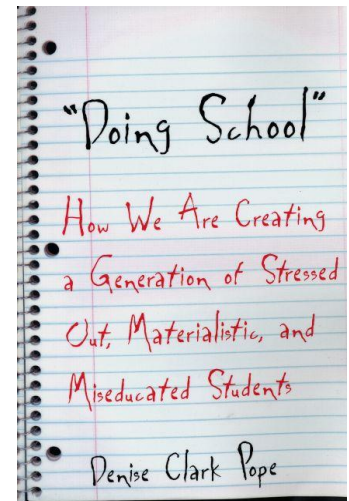
Dr. Pope is co-founder of **Challenge Success**, a research and intervention project that aims to reduce unhealthy pressure on youth and champions a broader vision of youth success. She lectures nationally on parenting techniques and strategies to increase student health, engagement with learning, and integrity. She has been featured on *CNN*, *World News Tonight*, the *Today Show*, & *NPR*. She lives in Los Altos, CA with her husband and three children.

We all want our children to be healthy, happy, and fulfilled.

Dr. Denise Pope will discuss the pressures inherent in the American educational scene and how parents can help their children avoid the pitfalls of our often achievement-obsessed culture.

In her presentation, she will:

- Explore the unique demands placed on children's time today
- Examine how today's high-pressure, fast-paced culture can have unintentional but damaging effects on children
- Help parents to discover simple ways your family can counter the fast-paced culture without sacrificing achievement and while allowing kids to be kids.



Admission Donation Request: \$10 per person

Target Audience: Parents of upper elementary, middle/junior high, & high school students

The program begins at 10 AM in Washington Cathedral's Spirit Falls Sanctuary located at 12300 Woodinville Redmond Road. Please plan to arrive 15 minutes early to negotiate the parking and so we can begin on time.

Enter the parking lot at the main entrance marked by an electronic sign that will say "Denise Pope". You will be routed behind the building to the lower lot. [Please click here to view a map & parking instructions.](#)

This program has been organized by the Lake Washington PTSA Council
No RSVP required; we are unable to reserve space in advance.

If you any questions, contact Joanne Hall, Chair, Parent Education at lwsdparented@gmail.com