

Thursday, February 3rd, 2011 from 7 to 9 PM

Location: **Carson Elementary Commons (1035 244th Ave. NE, Sammamish)**

But the Other Kid's Parents Let Them Do It!

Presenter: *Susie Weller*

How do you cope with pressure—from your children, partner and friends—especially when you think differently about what's most important? Whether it's deciding which video games are appropriate for children to play or how much money to spend on birthday gifts, when do you hold, fold, or walk away and discuss it later? This workshop is rated PG—not for Parental Guilt, but Parents Good (enough) to seek balance. *Identify what gets triggered within you when your child, partner or others, prioritize their values in another way. Explore four questions to clarify your family rules about of what's negotiable and what's not.*

Susie Leonard Weller, MA has been teaching parenting, family management and workplace success skills for the Community Colleges of Spokane for over 19 years. She is a certified thinking styles consultant through Herrmann International. Her Bachelor's & Master's Degrees focused on communication studies preparing her to help people manage their differences more successfully. She is the author of the book entitled, ***Why Don't You Understand***. Until six years ago, she too struggled to respect differences within her own family relationships. And then she learned about the four thinking styles and how we each have an innate preference for how we think and communicate. Some are more Logical, Practical, Relational or Creative thinkers. However, the brain uses 100% more energy to think in our non-preferred style. No wonder it's easier to speak to some family members and feel out-of-sync with others.

Recommended for Parents of Students at all Ages

Sponsored by the Lake Washington PTSA Council
Questions? Contact Joanne Hall, Chair, Parent Education at
lwsdparented@gmail.com