

Parent Education Night

Supporting Parents and Families

Join Us!

Date: Thursday, October 15, 2009, 7-8:30 p.m.

Social time is from 6:30 - 7:00

Place: Keller Elementary Library

13820 108th Ave. N.E., Kirkland, WA 98034

Laura Doerflinger, MS, LMHC Child and Family Therapist

Presents

Stop means Stop! What Parents need to know about Bullying

Bullying is an abusive behavior meant to have power over others. The Kaiser Foundation study showed that 86% of children admit to being bullied at one time. How can parents help? Come learn about bullying at this very informational event!

Parents will learn: what bullying really is, how bullying effects both bully and victim, how to prevent bullying behavior, how to reverse bullying patterns, how to raise resilient children, how to coach the bystander on when or when not to get involved, how to teach assertiveness and get children to speak up!, and how to teach compassion and encourage self-esteem.

Don't miss this speaker and presentation! We all want our children to succeed. Come learn ways to help achieve that!

Coffee and cookies provided by our Keller Baking Committee!

Community Welcome!
Bring a friend or neighbor



This community event is sponsored by Helen Keller PTA and the Lake Washington PTSA Council.

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