

Parent Education & Support Group

For Parents of Children ~ Ages 6 to 12

8 Week Series of Classes Beginning Monday, January 26, 2009



Presented & Facilitated by Sandy Malone-Long

- Quest psychologist & school counselor
- Provider of parent education workshops & individual family consulting
- > 30+ years experience, including raising her own gifted children

Supporting Emotional Needs of the Gifted (SENG) Model-based:

Parents of "highly capable" children are invited to participate in an *eight-week series* to discuss the social and emotional needs of their children. Emphasis is on problem solving, emotional intelligence, avoiding power struggles, and helping gifted children learn appropriate life skills while enhancing the parent/child relationship. These classes will help to improve your understanding of what makes your children both similar and different from their peers.

TOPICS include:

- Understanding motivation and achievement; dealing with perfectionism
- Approaches to discipline and the establishment of appropriate boundaries
- Stress management and identification of the early signs of depression
- Improving peer/sibling/parent relationships and communication of feelings

		urent's Guide to Gifted Children, by Webb/G me Quest and even families new to or just in	
Dates: Time: Location:	Eight Mondays – 1/26, 2/2, 2/9, 2/23, 3/2, 3/9, 3/16 and 3/23/09 6:00 - 7:15 pm LWSD Resource Center (1 st floor), 16250 NE 74 th Street, Redmond		
Cost:	\$150 for the 8-week series. 2 nd Parent/Partner is FREE! Includes \$25.00 for the book, <u>A Parent's Guide to Gifted Children</u> . [Need sponsorship or financial aid? Contact GEAC below for a scholarship.]		
<u> </u>	Please Register	}	, 2009
Name(s):		Phone:	
# Childre	n: Age(s)/Grade(s): _	School(s):	
Email Address(es):		⊠ Cr	nild Class 6:00-7:15pm

<u>Questions</u>? Contact GEAC Parent Education Coordinator Joanne Hall at <u>jijiahall@juno.com</u> or (425) 882-1388. Additionally, check out the SENG Web site at http://www.sengifted.org/ v. 01/1/09

GEAC Parent Ed., c/o Quest, PO Box 97039, Redmond, WA 98073-9739

Please make your check for \$150 payable to GEAC, and send with this stub to: