Tuesday, January 25<sup>th</sup>, 2011 from 10 AM to noon

Location: LWSD Resource Center Board Room (16250 NE 74th St., Redmond)

## Be Keen on your Tween's Safety

Presenter: Kim Estes of Savvy Parents Safe Kids

Are you prepared for the increasing needs for independence as your child transitions to the tween years? Setting guidelines early makes these discussions less stressful for you and your child. This parenting workshop for parents of children ages 8-12 will cover:

- Cell Phones –tool or tricked out toy?
- When your child becomes a babysitter
- Staying home alone. Are they ready?
- Tweens and body safety
- Out & About: School and neighborhood safety
- What safety tools work and which ones don't?

We all want to keep our kids safe..... join us and learn how to use our easy tips and tools that make safety fun not scary.

**Kim Estes** is the founder of Savvy Parents Safe Kids. She has worked with parents for over 12 years, educating them on various parenting topics that liberate parents from outdated personal safety tactics and fearful parenting. Kim is a certified prevention educator through the National Security Alliance, the Kid Safe Network and is a Darkness 2 Light facilitator. As a Child Safety Expert, Kim has appeared on local and national TV and Radio shows, helping to raise awareness on the importance of prevention education. For more information about her work go to: www.savvyparentsafekids.com

## Recommended for Parents of Students Ages 8 – 12 Years Old

Sponsored by the Lake Washington PTSA Council Questions? Contact Joanne Hall, Chair, Parent Education at <a href="mailto:lwsdparented@gmail.com">lwsdparented@gmail.com</a>