

# Mark Twain PTSA

## After School Jump Rope on MONDAYS!

**WHERE:** Mark Twain Cafeteria

**WHEN:** Mondays, February 23 – March 30

**TIME:** 3:00-4:30 p.m.

**COST:** \$74 for 6-week session-includes jump rope to take home!

Members of the World Champion jump rope performance team, HOT DOG USA, will be providing an ongoing program of fun, exercise, and jump rope techniques. The team holds National, World, and Junior Olympic championships and has experience with students of all ages and abilities. Take advantage of this wonderful PTSA sponsored opportunity and have your child learn exciting new skills from highly qualified instructors, while participating in fun physical fitness in a positive environment. Jump ropes are provided, sized to each student, and taken home at the end of the session.

Participants should:

- Bring an after school snack & water bottle w/name on it.
- Wear comfortable clothes and jumping shoes.

**Please note:** For safety purposes, one PTSA Parent is required to stay during each class. If you are able to volunteer, please indicate so on the form. If we do not have enough volunteers, we will be forced to cancel the jump rope sessions and your payment will be refunded.



Have your student submit the completed form and payment to the school office.

For questions, contact: Crystal Blakely; [crystalblakely@gmail.com](mailto:crystalblakely@gmail.com) or 425-576-0653.

Submit bottom portion with payment attached.

### **MARK TWAIN PTSA AFTER SCHOOL JUMP ROPE PROGRAM**

Please make checks payable to: **Mark Twain PTSA\***

Payment:  \$74 for 6-week session, includes jump rope

Photos:  OK to photo for school purposes (first names only)  Not OK to photo

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

I will stay during one session. I am a PTSA member & LWSD approved volunteer.

Space is limited and is first come, first served - so hurry! By signing, you agree to hold harmless Mark Twain PTSA and Hot Dog USA and you also understand the refund policy and behavior policy.

\* Checks returned NSF subject to \$20.00 fee.

## Mark Twain After School Programs Refund and Behavior Policy

**Refunds:** A full refund will be granted to any student who withdraws up to 2 days after the first class. Otherwise, no refunds unless initiated by PTSA.

**Behavior Policy:** Mark Twain PTSA organizes after school programs to offer students enrichment programs conveniently located at the school. However, for us to continue to offer these programs we must have one PTSA member stay to assist the instructor at each session. We must also insist that students respect the instructor and act in an appropriate manner, and that guardians be on time to pick up students at the end of each session.

If your student has behavior issues which are disruptive to the class, or is not picked up in a timely manner, we will issue you a warning. If there is a second incident, we will be forced to terminate your student's participation in the program. A refund for remaining sessions will not be granted.

Thank you for your cooperation.

### Mark Twain Elementary PTSA Jump Rope Liability Waiver

I acknowledge that jump rope can be a high risk activity and that I have made a voluntary choice to allow my children to participate in the activity despite its associated risks. I do hereby waive, release, absolve, indemnify, and agree to hold harmless Mark Twain PTSA, Mark Twain Elementary, Lake Washington School District, Hot Dog USA and its officers, agents or employees, and their instructors for any claim arising out of any injury, damage, or personal loss incurred to my children or myself in connection with these jump rope activities.

I have read and understand the above and am willing to allow members of my family to participate in Mark Twain Elementary PTSA's After School Jump Rope Program under the conditions stated. I understand my family is taking the class at their own risk.

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Parent/Guardian Signature

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Date