

# Youth Heart Screening

Wednesday October 5, 2011

Redmond High School

8:00am– 4:00pm

## Sign Up Now– Space is Limited

Open to all students ages 14-24

The best way to detect these heart conditions is through a heart screening using an ECG (electrical test) and Echocardiogram (ultrasound) of the heart.

This is a simple test that takes about 25 minutes.

### Complete Packet

Please take home and fill out “Heart Survey” with your parent or guardian including adult permission signature (if under 18 yrs old)

[www.nickoftimefoundation.org](http://www.nickoftimefoundation.org)

Office-206-457-5270

Fax– 206-457-5275



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Screening forms are available at the Redmond HS Main Office or can be downloaded at [www.nickoftimefoundation.org](http://www.nickoftimefoundation.org), click on programs/ youth heart screenings

**Redmond HS students-can return completed screening forms and pre-register with HS front office secretary Pam Summa.**

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If your child does not attend Redmond HS please email; [appt@nickoftimefoundation.org](mailto:appt@nickoftimefoundation.org) —include the following information:

- Child's full name (first, last)
- age and gender
- Parent's name, email address and contact phone number
- Where the child attends school