

Guiding your Gifted Adolescent



Parent Education & Support Group

For Parents of Teens/Pre-Teens ~ Ages 12 to 17

8 Week Series of Classes Beginning Monday, January 26, 2009

Presented & Facilitated by **Sandy Malone-Long**

- Quest psychologist & school counselor
- Provider of parent education workshops & individual family consulting
- 30+ years experience, including raising her own gifted children

Supporting Emotional Needs of the Gifted (SENG) Model-based:

Parents of “highly capable” children are invited to participate in an *eight-week series* to discuss the social and emotional needs of their children in secondary years. Emphasis is on problem solving, emotional intelligence, avoiding power struggles, and helping gifted children learn appropriate life skills while enhancing the parent/child relationship. These classes will help to improve your understanding of what makes your children both similar and different from their peers.

TOPICS include:

- Understanding motivation and achievement; dealing with perfectionism
- Approaches to discipline and the establishment of appropriate boundaries
- Stress management and identification of the early signs of depression
- Improving peer/sibling/parent relationships and communication of feelings

📖 The course will be based on the book, *A Parent's Guide to Gifted Children*, by Webb/Gore/Amend/DeVries, ©2007. For any parent of Enrichment Pull-Out, Full-Time Quest and even families new to or just interested in the Quest Program.

Dates: Eight Mondays – 1/26, 2/2, 2/9, 2/23, 3/2, 3/9, 3/16 and 3/23/09

Time: 7:30 - 8:45 pm

Location: LWSD Resource Center (1st floor), 16250 NE 74th Street, Redmond

Cost: \$150 for the 8-week series. 2nd Parent/Partner is FREE!

Includes \$25.00 for the book, *A Parent's Guide to Gifted Children*.

[Need sponsorship or financial aid? Contact GEAC below for a scholarship.]

✂-----Please Register-----✂-----by Thursday, January 22, 2009-----✂

Name(s): _____ **Phone:** _____

Children: ____ **Age(s)/Grade(s):** _____ **School(s):** _____

Email Address(es): _____ **Teen Class 7:30-8:45pm**

Please make your check for \$150 payable to GEAC, and send with this stub to:

GEAC Parent Ed., c/o Quest, PO Box 97039, Redmond, WA 98073-9739

Questions? Contact GEAC Parent Education Coordinator Joanne Hall at jjahall@juno.com or (425) 882-1388. Additionally, check out the SENG website at <http://www.sengifted.org/>

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