

Wednesday, May 18th from 7 – 9 PM

Location: **Redmond High School Band Room** (17272 N.E. 104th Avenue, Redmond; enter at Performing Arts Center entrance and follow signs to the Band Room)

Factors Influencing Teen Decision Making & Behaviors

Presenters: *Bill Corson & Laura Doerflinger*

In recent years, researchers have shed light on the many factors influencing teen behaviors. Well intended, involved parents are not immune from facing challenges with their students.

The goal of this program is two-fold:

- To improve parents' understanding of the complex mix of factors that can result in questionable decision making by our teens
- To provide parents with reasonable strategies for guiding & monitoring their student

Topics covered will include the following:

▪ Teen brain development in brief ▪ The role of temperament ▪ Characteristics of leaders, followers; "group think" ▪ Risk factors ▪ The impact of different parenting approaches ▪ What is normal teen experimentation and when should you seek outside assistance ▪ The important role parents play in adolescence

Bill Corson is the current Redmond Junior High School Resource Officer. He has served as a school resource officer in this area for 7 years. In addition to 29 years in the police force, he has worked with teens in a variety of settings for over 30 years spending much of his spare time leading teen and adult groups on wilderness adventures. He is the parent of 4 adult children. Bill has a passion for serving youth & a great deal of insight into understanding adolescent behavior from many perspectives including law enforcement, parenting & recreation.

Laura Doerflinger, MS, a licensed mental health counselor, is the Executive Director of the Parent Education Group in Kirkland. She has been working with families for 17 years & has a great deal of experience working with students in the Lake Washington School district. Laura has two children ages 12 & 15. She understands the importance of establishing communication strategies within families. She is a wealth of information on how to access services appropriate to individual family needs. For more information about her work, go to <http://www.familyauthority.com/>

Recommended for Parents of Students 7th grade & up

This FREE class is sponsored by the Redmond High PTSA & the Lake Washington PTSA Council

No Registration Required

Questions? Contact Joanne Hall, Chair, Parent Education at lwsdparented@gmail.com