

April 29th from 7 – 9 PM

LWSD Resource Center - Sammamish A & B (16250 NE 74th St., Redmond)

Please note room change

Parenting Teens in the Home Stretch ***The Junior & Senior Years***

Presenter: *Lori Gradinger, MSW*

*As parents wanting to prepare our kids to live independently, where should we focus and what is important in these last 2 years? **Lori Gradinger, MSW** will discuss how the Junior and Senior years in High School are a key turning point for Teens & Parents. The reality of graduation is starting to sink in, college or post high school plans need to be made, the teens want more freedom and parents are wondering if they have adequately prepared their teens for the real world. This presentation will help parents identify what to expect, what is important and how to help their adolescent during these complex, dynamic and exciting years.*

Lori Gradinger, MSW, is a Communication Coach for Parents of Teens. In her coaching practice she meets with individuals and couples, facilitates groups and teaches classes on parenting teens with clarity, strength, empathy and humor. She is the mother of 3 children, 22 years and twins who are 20. For more information about her work, please go to www.courageouscommunication.net

Recommended for Parents of 10th grade and up

Sponsored by the Lake Washington PTSA Council
Questions? Contact Joanne Hall, Chair, Parent Education at
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