

Let's talk about LICE!

Lakeview Elementary PTSA IS Hosting a **Parent Education Night**

with Nancy Gordon of Lice knowing you a Treatment Salon on Mercer Island

on **March 24th @ 6:45PM** In the **Gym**

- 🪲 The only way to help our community become lice free is through education and communication. Come and learn about resources and services that are available so you can be prepared if it happens to someone in your family.
- 🪲 In the past few years, there has been an upsurge of head lice confirmed by preschools and elementary schools, it is estimated that at least one of every ten children will probably contract head lice by the time they complete 6th grade.



Facts about lice 🪲🪲🪲

- 🪲 Head lice will attack the clean and the unclean with equal zest. Cleanliness is no barrier.
- 🪲 Head lice are most common in young school age children, but anyone can get them.
- 🪲 A head louse is an insect that lives on the human scalp and feeds on blood. While feeding, lice inject saliva into the skin which causes itching. Lice bites may cause itching and inflammation and can become infected if not treated, if you see your child scratching their head persistently you should check their head for lice.
- 🪲 Lice are tiny, wingless parasites that crawl very quickly and are approximately 2mm-4mm in size. Head lice cannot jump like fleas. They have no wings and cannot fly. Physical contact between people is a common way they spread.
- 🪲 If you have lice you must undergo treatment as they will not just "go away" one day like a cold or flu. If you have a heavy lice/nit infestation you may have to undergo multiple treatments.
- 🪲 The average person/s with a case of lice misses more than 4 days of work and/or school because of improper treatment.



Please visit www.liceknowingyou.com for more information